



RSE 2020 COMPLIANT

HEALTH 2020 COMPLIANT

LEARNING JOURNEY, YEARS 12-13

SKILLS DEVELOPED

- | | |
|-------------------------|-------------------------------|
| TEAMWORK & LEADERSHIP | DECISION MAKING |
| CREATIVITY & INNOVATION | RESILIENCE & STAYING POSITIVE |
| PROBLEM SOLVING | WRITTEN COMMUNICATION |
| PUBLIC SPEAKING | PLANNING & ORGANISATION |

DELIVERED THROUGH

- Timetabled PSHE Lessons
- PSHE/Wellbeing Days
- Assemblies / Guest Speakers
- Jewish Studies Curriculum
- Educational Visits

Go to Yeshiva / Sem



Go to College



Apprenticeship / Work



Year 12-13 – Girls' School Assemblies / Sessions

- Amy Winehouse Foundation
- Jewish Women's Aid
- Local Police
- Jnetics / Dor Yesharim
- Y12 Work Experience
- Discrimination and the Equality Act
- Study Skills

Year 12-13 Topics – Boys' School Assemblies

- Using talents and opportunities
- Small Steps Count
- Thinking of Others
- Empathy
- Cultivating Good Habits
- Sensitivity
- Valuing the Rights and Contributions of Women
- Humility and Leadership

YEAR 12/13

Year 13 Topics - Girls' School*

- Safeguarding
- Mental Wellbeing
- Exam Stress and Coping Techniques
- Managing Life at University
- Inclusion and Diversity
- Sue Harris Trust
- Befriend Your Body – Breast Cancer Awareness

YEAR 13

Year 12-13 Topics - Boys' School*

- Self-esteem, happiness, resilience and Self-discipline
- Awareness of Others, Being Outward Looking
- Improving Mental Health / Understanding Anxiety and Depression
- Exercise, Sleep and Nutrition / Healthy Use of Digital Devices
- First Aid
- Thinking Ahead – UCAS, Apprenticeships, CVs, Interviews and More...
- Finance and Budgeting
- Respect for Other Cultures /Sexual Orientations / Recognising and Managing Bullying

YEARS 12-13

Year 12 Topics - Girls' School*

- Safeguarding
- Confidence / Managing Wellbeing
- Recognizing Good/Poor Mental Health
- Goal-setting
- Inclusion and Diversity
- Challenging Discrimination
- Sue Harris Trust
- Jewish Women's Aid (domestic abuse / relationships)
- JNETICS (Jewish genetic disorders in the UK_

YEAR 12

SPIRAL THEMATIC APPROACH

- 1) Health and Wellbeing
- 2) Relationships
- 3) Living in the Wider World

*GIRLS' SCHOOL / BOYS' SCHOOL - KS5 PSHE TOPICS

Most units for sixth form PSHE are the same for both schools
 Any differences reflect specific priorities identified for each school by Heads of Sixth Form/ PSHE Leads